Is the My Security Benefit app secure?

[My Security Benefit app](#)

Yes. We use the latest technology for secure communication, including [multi-factor authorization](#).

Please note that certain cookies are saved as required for the website to run smoothly. However, these cookies don't contain any personal information.

- When you sign out, the session ends.

- After 10 minutes of inactivity, your session will automatically expire, requiring you to sign in again with your username and password.

For additional information, please refer to our [Terms of Use](#) information.

Security tips for accessing your accounts via your mobile device:

1. After you have accessed your account, always remember to select the Sign Out link to exit in order to help prevent anyone else from accessing your accounts through your mobile device.
2. Always lock your device, and set up a password so that only you can unlock your device. Set your screen to automatically lock after a certain amount of time.
3. Do not open attachments from unknown e-mail addresses and/or unknown phone numbers for text messages (SMS).
4. Beware of fraudulent "SMishing" attacks—typically a text message sent to trick users into disclosing personal information.
5. Verify that your software is up-to-date by checking with your service provider or carrier. If you purchased software, contact the software vendor directly for updates.
6. Validate the website security. Make sure the site has adequate encryption by verifying that the Web address (URL) begins with "https://" and that a closed padlock symbol is displayed.
7. Never provide personal information, such as social security numbers. Security Benefit will only ask for your username and password when you sign in.
8. Never share your username and password with anyone.